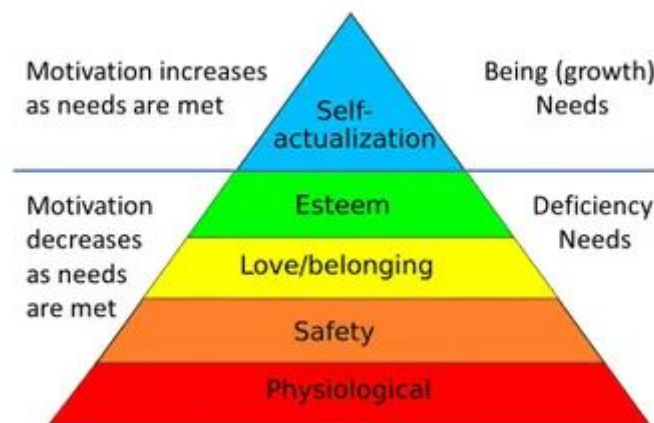


All you need is love - a short psychological analysis

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The Beatles were singing in their iconic hit - "All you need is love". Their song became a banger shortly after its release in 1967 and with ongoing cultural revolution, Hippies quickly adapted it as their anthem. Aside of all its history, how much truth is behind this quote, what makes us pursue love and is it really that important?

Are there any scientific arguments in favor of this quotation? Let's take a closer look at the Maslow's pyramid (hierarchy) of needs:



As we can see the social needs (and with them love itself) is in the middle of the hierarchy, with safety and physiological needs being rationally more important. Does it mean that love isn't what we need? Not exactly! As you are reading this article you must have time and most of the basic needs already fulfilled - as most of the people. With living conditions statistically better each year, humans pursue more and more things to fulfill themselves. We are no longer our cavemen ancestors hunting for a venery but civilized men pursuing love, acceptance and happiness other than a good meat to eat. Curiously love doesn't make almost any appearance in most medical or psychiatric studies but it doesn't mean its absence in our first years of living is not crucial to our development. Great parenthood - mutual and non-judgmental love between the child and parents is necessary for correct well-being as with later years its manifestation can be observed in childs all behaviors.

To conclude - love is a key to our social and emotional development and aspect that is important for most of the people. To end the article let's remind ourselves with one of the Gandhis quotes:

"Nothing is impossible for pure love"

Mahatma Gandhi - "An Autobiography" (1927)

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